



MEALS OF LOVE GUIDELINES

The Meals of Love program is designed to benefit family members and visitors of our patients at the Wilmington Care Center. Many times these families are exhausted physically and mentally and preparing a meal is the last thing on their mind. They also may wish to remain with their loved one instead of going out for food. So our volunteers and members of the community help support them by providing a meal in our family kitchen at the Care Center.

- Typically we tell volunteers to prep a meal for about 15-20 people. Sometimes this is too much, and other times it is just right. The leftovers never go to waste.
- Meals should be ready to serve. We do have refrigerator, freezer, and microwave in the kitchen but that is all, so please bring the meal in ready to serve.
- We ask that meals be brought in disposable containers as plates and serving dishes are challenging to return to the owner.
- The menu is completely up to you. So if you have a specialty or recipe you would like to test out by all means we are grateful for any and all types of food.
- Volunteers typically pick one day a month and one meal on that day (breakfast, lunch, or dinner) to bring in. There is a meal schedule so please check for available dates. One-time meal donations are also always welcome.
- We usually ask that breakfast be brought anytime after 8am. Lunch between 11 and noon. Dinner around 5pm. All times are flexible and we will work with you on delivery times.
- Please drop off meal in the family kitchen and please be sure to sign the donation sheet at the volunteer desk in the front lobby.
- We do have paper plates, plastic utensils, cups, and napkins at the care center but if you would like to bring in these items, additional donations are always needed and appreciated.
- The Fales Hospice Pavilion Care Center is located at 1406 Physician's Drive, Wilmington, NC.
- Thank you for your support! Your generosity means a lot to our patients and families!
- Contact [Laura Long](#) at [910-620-5062](tel:910-620-5062) or Laura.Long@LifeCare.org with any questions and/or to be added to the recurring schedule.